



Bundle of joy

Give your baby a healthy start



When you're expecting, what matters most is that your precious bundle arrives healthy. And that starts with you.

From managing pregnancy symptoms to coping with postpartum depression, the Aetna Enhanced Maternity Program™ helps you throughout your maternity journey. It's included as part of your Aetna® medical plan, so there's no extra cost to you.

The more you know, the healthier you both can be

When you join the Aetna Enhanced Maternity Program, you'll get help throughout your pregnancy and after your baby is born. The program offers you:

- Help to make informed decisions throughout your pregnancy
- Support from specially trained nurses for high-risk pregnancies
- Answers to your questions about prenatal care, vaccines, newborn care and more
- Advice on lowering your risk for early labor



Enroll as soon as you learn you're pregnant

To learn more and get started, call [1-866-574-9124](tel:1-866-574-9124) and press 5. You can also text **BABY** to [66902](tel:66902)*. Get a reward if you sign up by your 16th week of pregnancy!

*Message and data rates may apply.

Policies and plans are insured and/or administered by Aetna Life Insurance Company or its affiliates (Aetna).



Visit the Maternity Support Center

This no-cost resource is personalized for you and available on your member website. Log in at Amazon.Aetna.com > **Member login** and scroll down to the Maternity Support Center. You'll find information on planning for baby, pregnancy and post delivery, including:



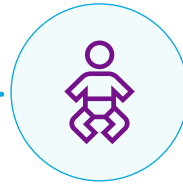
Pre-pregnancy
checklists



Coverage details, like
ultrasound costs



Breastfeeding and
postpartum support



Baby-care
tips



Ready to get started? Text **BABY** to [66902](tel:66902).*

*You'll receive a one-time automated text message with a link to information about the Aetna Maternity Support Center.



**Routine prenatal
visits* are covered**

100%

*Includes the initial and subsequent history and physical exams.



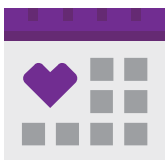
Log in at
Amazon.Aetna.com
> **Member login** >
Find Care & Pricing.

Use the Aetna provider search tool for the most up-to-date list of network doctors and hospitals.



For dads and partners too

If you're an expectant dad or partner, you might be asking yourself, "What am I supposed to be doing through all this?" There are resources for you, too. Log in at Amazon.Aetna.com > **Member login** and scroll down to the **Maternity Support Center**. You'll find information to help you prepare for the amazing changes that a baby brings.



Don't forget! You have 60 days from the date of birth to add your child to your Aetna medical plan.

Policies and plans are insured and/or administered by Aetna Life Insurance Company or its affiliates (Aetna).

Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a health care professional. Refer to Aetna.com for more information about Aetna plans.

Amazon.Aetna.com